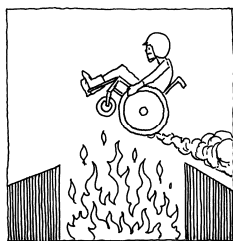


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The Manual Wheelchair Training Guide

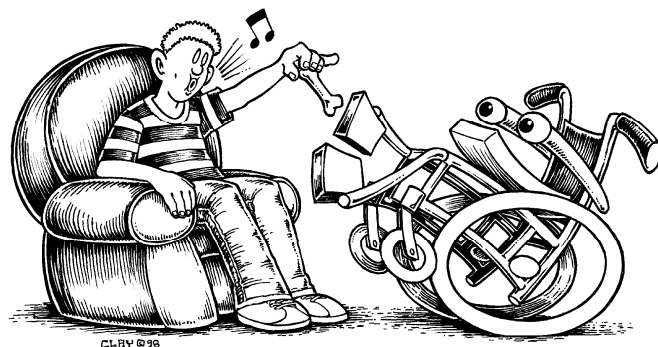
Written by Peter Axelson, Denise Yamada Chesney, Jean Minkel & Anita Perr
Illustrated by Clay Butler

As anyone who has ever used a wheelchair knows, the built environment does not always reflect that designers had wheelchair access in mind. A large repertoire of maneuvering skills can be helpful when attempting to negotiate those standard ramps and curb cuts that make the world a better place for wheelchair riders. Good wheelchair riding skills are critical when venturing onto unpaved surfaces, through narrow doorways, and up or down curbs not yet ramped.

The Manual Wheelchair Training Guide is filled with clear instructions and illustrations to show wheelchair riders and their training assistants a variety of techniques for accessing the world. Collected from skilled peers, each skill is illustrated and explained in detail in the guide.

General hints are provided to help wheelchair users plan suitable routes of travel, develop skills for emergency situations, and learn guidelines on when and how to obtain assistance from others. Also included, are techniques for companions to assist wheelchair riders with good body mechanics.

141 pages, 260 illustrations, 11 x 8-1/2 inches
ISBN 1-882632-10-9



The Powered Wheelchair Training Guide

Written by Peter Axelson, Jean Minkel, Anita Perr & Denise Yamada
Illustrated by Clay Butler

The Powered Wheelchair Training Guide can help powered wheelchair users and their training assistants develop the skills to negotiate commonly encountered environments such as ramps, tight spaces, and curb ramps; and for when the conditions get rough, the guide covers when and how to elicit the help of others. Tips on how to use public transportation, travel in inclement weather, and obtain additional resources of interest help make this book a comprehensive reference for powered wheelchair users.

ISBN 1-882632-11-7



150 pages, 197 illustrations, 11 x 8-1/2 inches